

**Pain Score
Visual Analogue Scale**

The lines below represents the amount of pain you experience where 0 represents no pain at all and 10 represent the worst possible pain. Please mark on the line the point which best represents the pain you experience

1. At rest

0	1	2	3	4	5	6	7	8	9	10
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2. Doing an activity

Activity:

0	1	2	3	4	5	6	7	8	9	10
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Notes